



JBM-HH ACS Training Calendar

December 2012



Mon	Tue	Wed	Thu	Fri	Sat/Sun
					1/2
3 1000-1130 TRICARE for Survivors	4 0930-1400 First Termers Money Management Training 1200-1400 Spouse Meet & Greet	5	6	7 1000-1100 Welcome to Korea	8/9
10 1030-1200 Parents Helping Parents: Holiday Safety	11 0930-1400 First Termers Money Management Training	12 0900-1100 Anger Management	13 1730-1900 Hearts Apart Deployed Networking Group	14 1500-1700 Baby Bundles	15/16
17	18 0930-1400 First Termers Money Management Training	19	20 1000-1100 Welcome to Germany	21	22/23
24/31	25 HOLIDAY (ACS CLOSED)	26	27	28	29/30
31					

Classes listed in BLACK will take place @ ACS. ***Classes Listed in RED will take place @ location listed on the back *** CLASSES, TIMES & LOCATIONS ARE SUBJECT TO CHANGE**

*****Location, contact phone numbers and descriptions of classes are listed on the BACK *****All Classes require pre-registration*****

CLASS DESCRIPTIONS AND INFORMATION

Monday, 3 December

TRICARE for Survivors

1000-1130, JBM-HH ACS, Bldg 201

JBM-HH SOS will have a TRICARE Education Specialist present information on Survivor benefit coverage. Topics covered will include healthcare, pharmacy and dental. Pre-registration is required. For more information or to register call 703-696-8847 or e-mail jjin-sook.lim.civ@mail.mil

Tuesday, 4 December

Spouse Meet and Greet

1200-1400, JBM-HH ACS, Bldg 201

Are you a military spouse new to the National Capital Region? Join us for games and an opportunity to meet other military spouses while learning about your new assignment. We will discuss military and local resources, commuting and public transportation, shopping, dining and much more. For more information or to register call: 703-696-0153.

Tuesday, 4, 11, 18 December

First Termers Money Management Training

0930-1400, The Old Guard, Bldg 246

Learn the basics of Financial Management to include: budgeting, banking services, debit and credit management, insurance, car buying, and pay and entitlements.

Mandatory for all TOG 1st Term Soldiers, but all other 1st Termers are welcome to attend. For more information, call 703-696-0163.

Friday, 7 December

Welcome To Korea

1000-1100, JBM-HH ACS, Bldg 201

Get the 411 on Korea. Learn about: Sponsorship, Korean Customs, Culture, Language, Household Shipments, Driving, Auto, Pet, & Passport Information. Register by calling 703-696-0153/0156.

Monday, 10 December

Parents Helping Parents: Holiday Safety

1030-1200, Community Activity Center, Bldg 405

Join other parents and children (under 5 years old) for a time of crafts, stories and songs. Parents will be given tips on how to ensure their homes and the homes they may be visiting over the Holidays are safe for young children. Registration is required. For more information or to register, call 703-696-3512 or e-mail Karen.a.stpierre.ctr@mail.mil

Wednesday, 12 December

Anger Management

0900-1100, JBM-HH ACS, Bldg 201

Learn what it really means when you say, "I am so angry" and what you are achieving when you act out in anger. Participants will receive the Anger Workbook, a 13 step interactive study guide by Dr. Les Carter. Registration is required. For more information or to register, please call 703-696-3512 or e-mail Karen.a.stpierre.ctr@mail.mil

Thursday, 13 December

Hearts Apart (Joint Services Support Group)

1730-1900 American Legion, Post 139, Arlington, VA 22201.

This group is for spouses, fiancés, parents or significant others of deployed or geographically separated military & civilian members. This group is designed to be a fun networking support group for those experiencing separation from a loved one. Call: 703-696-0156/0153 or email: rene.fizer@us.army.mil

Friday, 14 December

Baby Bundles

1500-1700, JBM-HH ACS, Bldg 201

As expectant parents or parents of a new baby, come learn how to prepare your home and relationship for changes! Participants will receive a Baby Bundle upon completion of this class. Pre-registration is required. For more information or to register, call 703-696-3512 or e-mail Karen.a.stpierre.ctr@mail.mil

Thursday, 20 December

Welcome to Germany

1000-1100, JBM-HH ACS, Bldg 201

PCSing to Germany? This class will provide an overview of the customs and culture and other must know information to include: sponsorship, driving, personal and vehicle shipments, and more. For more information, or to register call: 703-696-0156/0153

*** All classes require pre-registration.
Please call the respective number listed to sign-up.**